Information for school boards

Running

Bob Sudomir was a four year varsity runner and captain and for Norton High School and Muskingum University Track and Cross Country Teams. He ran his first marathon in 1996 and has run a total of 45 marathons including the Boston Marathon 17 times

Coaching

Bob served 6 years as an assistant track coach and 9 years assistant cross country coach for Louisville High School. Bob has been the head boys Cross Country coach for 10 years. In that time his team has won 8 NBC Championships and 4 stark county championships qualified to the regional championship 8 times and the State championship 5 times.

Bob has been named NBC Coach of the Year 8 time, Stark County Coach of the year 2 times, and District Coach of the year 2 times

Teaching

Bob has worked for 19 year as a Science and Math teacher at LHS. He is National Board Certified Teacher. In 2005 he was named Phi Delta Kappa Ohio Teacher of the year. He has been the recipient of the Ohio Governors Award for Youth Science Opportunities and has coached 8 groups of LHS students to win the District 13 Science Fair Award of Excellence. Two time he has coached groups of students who received the Harold C Shaw Award for Outstanding Research Program of Ohio.